



Studio setup

Board, join link & pre-class checklist



Put the live board on any screen in your studio before members arrive.

Live board on your TV

1. Use a smart TV, projector, or laptop connected to a display.
2. Open Chrome or Safari on the display device.
3. Go to your live board link (below) and leave it full-screen.
4. When members connect on their phones, heart rates appear automatically.
5. Refresh the page if the board looks stuck — rare, but quick to fix.



Live board link

Open on your studio screen. Same group code as your console.

pulsegrid.club/board?group=PULSE

Sales demo: on the default tenant you can preview a sample board at `/board?demo=1` — useful for showing prospects before your first real class.

Invite members before class

Members do not need accounts. They join free from their phone using your group code or join link.

1. Share the join link or QR code in WhatsApp, email, or on a studio poster.
2. Tell members to open the link on their phone — not a laptop.
3. Point Watch / tracker users (Apple Watch, Fitbit, Garmin, Wear OS, and similar personal trackers) to HypeRate via the member setup guide.
4. Ask them to connect before the warm-up so everyone appears when you start the timer.



Member join link

Print this QR on posters or show it on your studio screen before class.

pulsegrid.club/join?group=PULSE

Member help resources

- Online setup guide — HypeRate, Pulsoid, device cards, and troubleshooting.
- Member join PDF — printable guide with QR codes for HypeRate and Pulsoid.
- Share both links in your class WhatsApp group or pre-class email.



Member setup

Online guide



Member PDF

Printable

Pre-class checklist

- Live board open and full-screen on the studio display.
- Trainer console signed in with email and password (optional PIN on the iPad).
- Join link or QR shared with the group.
- Spare chest straps available if members use Fitbit or struggle with watches.
- Wi Fi stable in the studio — members need internet on their phones.
- Confirm your group code in the console matches what you shared.

Branded subdomain (Premium)

Premium gyms can use a branded subdomain (e.g. yourgym.pulsegrid.club) or custom domain. Join, board, and console links on your subdomain keep your brand consistent.



Online onboarding wizard

Walk through all five setup steps with your real group code and links.

pulsegrid.club/onboarding?group=PULSE